

Alice May is an artist, author, and speaker. She is passionate about promoting self-care and resilience through creativity. She recently gave a talk to the Festival on her experience of 'Surviving the House that Sat Down'. Her talks are interesting, engaging and inspirational, and delivered in a very personal and warm style. As someone who was never trained as an artist, she has remarkable talent. She was recently interviewed on BBC Radio Solent, discussing tips for surviving life in lockdown.

